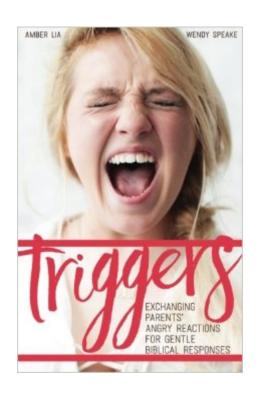
The book was found

Triggers: Exchanging Parents' Angry Reactions For Gentle Biblical Responses





Synopsis

Do you believe your struggle with anger stems from the wrong behavior you see displayed in your children? The knee-jerk reactions and blow-ups youâ ™re facing are often a result of a bigger set of â œtriggers.â • Some of these are external, like a childâ ™s disobedience, backtalk, or selective hearing, while others are internal, like an overflowing schedule, sleep-deprivation, or perhaps your own painful experiences from childhood. Triggers: Exchanging Parentâ ™s Angry Reactions for Gentle Biblical Responses examines common parenting issues that cause us to explode inappropriately at our children. Moving beyond simple parenting tips on how to change your childâ ™s behavior, authors Amber Lia and Wendy Speake offer biblical insight and practical tools to equip and encourage you on the journey away from anger-filled reactions toward gentle, biblical responses.

Book Information

Paperback: 228 pages

Publisher: BRU Press (February 3, 2016)

Language: English

ISBN-10: 0692620753

ISBN-13: 978-0692620755

Product Dimensions: 5.5 x 0.5 x 8.5 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars Â See all reviews (151 customer reviews)

Best Sellers Rank: #4,883 in Books (See Top 100 in Books) #21 in Books > Christian Books &

Bibles > Christian Living > Family #1136 in Books > Religion & Spirituality

Customer Reviews

I tire of Christian mommy self-help books. I've been introduced to quite a few through the M.O.M.S. group at our church, Facebook moms' groups and recommendations from friends. I've read and enjoyed a few, and I've enjoyed the conversation that a few a them spurred in my groups. But I tire of their step-by-step messages of how to fix this and do that better. I tire of their subtle guilt-inducing yet pandering and condescendingly sugary message, as if I am a tender thing to be coddled while a list of my failings is laid before me. I know they mean well, and some of them even contain the truth...somewhere. While I reject their trite offerings of an easy fix, I am ever aware that this mothering thing I'm doing is hard, that I'm failing at it in significant ways, and that there must be hope for doing it right, loving my little ones well, growing in grace. This is not one of those books. I've

seen reviewers call this book honest, practical, biblical, and helpful, and it is all of those things. It is divided into 31 topics and can function as a month-long devotional study. The chapters are short and contain many scripture references as well as practical advice. It can also be read straight-through (as I did). I have no doubt that every parent could find wisdom here applicable to her situation no matter the types of trials her family faces. But this is not why I love this book, have found it infinitely valuable on first reading, and will return to it again and again. What Amber and Wendy have done for parents is beautiful and far beyond self-help or practical advice. You will not find in this book a message of sticky-sweet guilt accompanied by a list of things to do, quotes to pin on your mirror, and charts to make everything better.

Download to continue reading...

Triggers: Exchanging Parents' Angry Reactions for Gentle Biblical Responses Triggers Study Guide: Exchanging Parents' Angry Reactions for Gentle Biblical Responses Jesus, the Gentle Parent: Gentle Christian Parenting (Little Hearts Handbooks) What Angry Kids Need: Parenting Your Angry Child Without Going Mad Biblical Eldership: An Urgent Call to Restore Biblical Church Leadership The Temple and the Church's Mission: A Biblical Theology of the Dwelling Place of God (New Studies in Biblical Theology) A Biblical Theology of Exile (Overtures to Biblical Theology) Biblical Resources for Ministry: A Bibliography of Works in Biblical Studies The Garments of Torah: Essays in Biblical Hermeneutics (Indiana Studies in Biblical Literature) From Eve to Esther: Rabbinic Reconstructs of Biblical Women (Gender and the Biblical Tradition) "I hate my parents!": The real and unreal reasons why youth is angry Concise Organic Chemistry: Aromatic and Carbonyl Reactions, Oxidation-Reduction Reactions, Biomolecules, Natural Product and Heterocyclic Compounds 10 Simple Solutions to Migraines: Recognize Triggers, Control Symptoms, and Reclaim Your Life (The New Harbinger Ten Simple Solutions Series) Mental Illness: PTSD: Learn How To Handle PTSD Triggers (Bipolar Trauma Depression) (Self Help Mental Illness Dysfunctional Relationships) Food Triggers: End Your Cravings. Eat Well and Live Better Health Journal: Discover Food Intolerances and Allergies: (A Food Diary that Tracks your Triggers and Symptoms) Managing Crises: Responses To Large-Scale Emergencies The Creation of Health: The Emotional, Psychological, and Spiritual Responses That Promote Health and Healing: Three Rivers Press Edition Construction Claims and Responses: Effective Writing and Presentation Terror in the Countryside: Campesino Responses to Political Violence in Guatemala, 1954–1985 (Ohio RIS Latin America Series)

Dmca